The Sutra of the Insight that Brings Us to the Other Shore

Avalokitesvara while practicing deeply with the Insight that Brings Us to the Other Shore, suddenly discovered that all of the five Skandhas are equally empty and with this realization he overcame all Ill-being. "Listen Sutra this Body itself is Emp-ti-ness and Emp-ti-ness itself is this Body. This Body is not other than Emp-ti-ness and Emp-ti-ness is not other than this Body. The same is true of Feelings, Perceptions, Mental Formations and Consciousness. "Listen Sutra all phenomenal bear the mark of Emp-ti-ness; their true nature is the nature of no Birth no Death, no Being no Non-being, no Death-element no Purity, no Increasing no Decreasing. That is why in Emp-ti-ness Body, Feelings, Perceptions, Mental Formations and Consciousness are not separate self entities. The Eighteen Realms of Phenomena which are, the six Sense Organs, six Sense Objects and six Consciousnesses are also not separate self entities. The Twelve Links of Inter-dependent Arising and their Extinction are also not separate self entities. Ill-being, the Causes of Ill-being, the End of Ill-being, the Path, insight and at
taintment are also not separate self entities. Whoever can see this no longer needs

anything to attain. Bodhisattvas who practice the Insight that brings us to the

other shore seek no more obstacles in their mind, and because there are no more obstacles in their

mind, they can overcome all fear, destroy all wrong perceptions and realise Perfect Nir-

vana. "All Buddhas in the past, present and future by practicing the Insight that

brings us to the other shore are all capable of attaining Authentic and Perfect En-

lightenment. "Therefore Sāriputra it should be known that the Insight that

brings us to the other shore is a great mantra, the most iluminating mantra, the highest

mantra, a mantra beyond compare, the True Wisdom that has the power to put an

end to all kinds of suffering. Therefore let us proclaim a

mantra to praise the Insight that brings us to the other shore:

Gate, Gate, Para-gate, Para-sam-gate, Bodhi Svaha!